

# Uniform Etiquette

## 1. Pride in the Uniform

- Players must wear the **complete team-issued uniform** for all games and practices.
  - The uniform represents **our team, school, and community** — wear it with pride and professionalism.
  - No altering, cutting, or modifying uniforms without coach approval.
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## 2. Game Day Uniform Standards

- **Jerseys:** Tucked in at all times.
  - **Belts:** Correct team color and worn properly.
  - **Socks/Stirrups:** Team-issued or approved style. Must be worn correctly and visible (no low/ankle socks in games).
  - **Pants:** Clean, fitted, and worn at the correct length (up or down based on team standard).
  - **Undershirts:** Must match approved team color—no unapproved logos showing.
  - **Hats:** Forward-facing at all times. Never backwards or off your head on the field unless directed.
  - **Cleats/Turfs:** Clean and game-ready. No mismatched or non-team colors.
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## 3. Accessories (Game & Practice)

- **Throwing arm sleeves:** Allowed, but **cannot be white or gray**. Must match team colors or be approved by coaches.
  - **Leg sleeves/compression gear:** Must be in team colors and worn properly — no rips, loose ends, or bright off-colors.
  - **Wristbands, hitting gloves, guards:** Must not distract or violate CIF rules; colors should blend with team gear.
  - **Jewelry:** Not allowed unless approved for medical reasons. No chains or earrings on the field.
  - **Sunglasses:** Allowed on the field; not worn during indoor meetings or the National Anthem.
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## 4. Equipment Standards

All equipment must be worn **for its intended purpose** and **used properly**:

- **Helmets:** Must be worn **fully on** and **buckled** when required (on deck, in the box, on base, or during live ball situations).
  - **C-Flaps/Helmet Attachments:** Must be legal, approved, and properly installed — no loose or decorative add-ons.
  - **Protective gear:** Elbow guards, shin guards, and sliding mitts must be worn correctly, not dangling or half-on.
  - **Catcher's gear:** Must be worn exactly as designed — no incomplete setups.
  - **Batting gloves:** If worn, keep them on your hands or in your back pocket, not hanging from the bat knob.
  - **Bags/Equipment:** Keep gear organized and stored neatly in the dugout — no clutter or thrown equipment.
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## 5. Dugout & Warm-Up Appearance

- Hats stay on and forward.
  - Team jackets/hoodies only — no random school or non-baseball gear.
  - No accessories that distract from team unity.
  - Players should look like a team at all times, especially during pregame and when entering/leaving the field.
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## 6. Practice Uniform Expectations

- Wear the **assigned practice gear** each day.
  - Shirts tucked, hats forward, and look like a ballplayer.
  - No cut-off shirts, non-baseball items, or mismatched accessories.
  - Turfs or cleats depending on practice plan.
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## 7. Responsibility & Respect

- Players must keep uniforms and gear **clean, organized, and game-ready**.
  - No wearing the uniform outside of official baseball activities.
  - Your appearance shows your respect for your team.
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## 8. Consequences

- Not following uniform or equipment standards may lead to:
  - Reduced playing time
  - Conditioning
  - Loss of privileges
  - Discipline for repeated issues